

TRAIN LIKE A CHAMPION AT THE  
**GARY GILCHRIST GOLF ACADEMY**

**Design your own training program at GGGA**

**1** Choose your program - mix & match

- Half Day Training
- Half Day Training + English (ESL)
- Weekly Training
- Tournament Preparation & Training
- 2 Week Elite Tournament Training
- Multi-Week Training

**2** Choose your available dates

**3** Submit your registration to GGGA



**GILCHRIST**  
GOLF ACADEMY

[www.ggga.com](http://www.ggga.com)  
[Programs@ggga.com](mailto:Programs@ggga.com)  
+1 352-484-0787



# SHORT TERM TRAINING PROGRAM

# HALF DAY TRAINING

## WHO IS IT FOR

Juniors between the ages of 6-16 will love this half-day morning training. This program is a great introduction to the game of golf for the beginner level. Let our expert coaches help teach your son or daughter proper fundamentals of the full swing and short game.



## WHAT WILL YOU LEARN

Half day camps focus on the setup in all areas of the game. Small ratio training groups are based on skill level.

Half Day training includes:

- Putting, Chipping and Pitching focused on Grip, Posture, Alignment, and Ball Position
- Full Swing including the first 3 steps: Move away, Top of the Backswing, and Finish
- On Course Lesson learning About the Course, Rules and Etiquette, Keeping Score
- Drills and Competitions to keep the practice fun and challenging

## WHAT IS INCLUDED

The weekly training with a GGGGA certified coach is Monday through Friday, 9 am - 12 pm on the range. Lunch is included at the end of training each day. Each student receives a GGGGA drawstring backpack, t-shirt, hat, towel, and water bottle



## NON-BOARDING\* TUITION

\$995 per week

*\*this program is offered as non-boarding ONLY*



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SHORT TERM TRAINING PROGRAM

# HALF DAY TRAINING + ESL

## WHO IS IT FOR

Juniors from 9-18 will love this half-day morning training plus 3 hour afternoons of English language training. Let our expert coaches help teach your son or daughter proper fundamentals of the full swing and short game and our instructors to improve your English.



English as a  
Second Language

## WHAT WILL YOU LEARN - GOLF

Half Day training includes:

- Putting, Chipping and Pitching focused on Grip, Posture, Alignment, and Ball Position
- Full Swing including the first 3 steps: Move away, Top of the Backswing, and Finish
- On Course Lesson learning About the Course, Rules and Etiquette, Keeping Score
- Drills and Competitions to keep the practice fun and challenging

## WHAT WILL YOU LEARN - ENGLISH

Learn English and know how to use it by exploring the language and asking questions. Your instructor will incorporate your questions and interests (including golf terminology) into the class. We create your individual language program by matching your individual needs, goals, and learning style with a program and an instructor who best meets your language level.

## WHAT IS INCLUDED

The weekly training with a GGGGA certified coach is Monday through Friday, 9 am - 12 pm on the range and then lunch. English lessons are Monday - Thursday afternoons. Each student receives a GGGGA golf bag, drawstring backpack, t-shirt, hat, towel, and water bottle.

## BOARDING\* TUITION

\$2,500 per week

*\*this program is offered as boarding ONLY*



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## SHORT TERM TRAINING PROGRAM

# WEEKLY TRAINING

### WHO IS IT FOR

Whether your athlete is just starting or has been playing for a few years, the week long golf training is customized to each student's skill level. Gary Gilchrist has developed a specialized training program to accelerate student development and achieve optimal results in the shortest amount of time.

### WHAT WILL YOU LEARN

Full Day training includes:

- Gilchrist's "Train Like a Champion" training system at GGGGA's world-class facility
- Swing video analysis, development plan, and golf instruction
- Full Swing including all 6 steps: Move away, Halfway Back, Top of the Backswing, Transition, Impact, and Finish
- Bunker Play and Putting improving the Grip, Posture, Alignment, Ball Position, Reading Greens, and Distance Control
- Chipping, Pitching and Lob Shots focused on Technique, Distance Control, Trajectory, and Slope Training
- Golf-specific fitness training improving Core Strength, Mobility, Flexibility, and Nutrition
- "Think Like a Champion" Mental Training Program
- Daily afternoon On-Course Lessons including Club Selection, Finding Yardages, Reading Greens

### WHAT IS INCLUDED

The weekly training with a GGGGA certified coach is Monday through Friday, 9 am - 4 pm on the range and course including lunch. Each student receives a GGGGA golf bag, drawstring backpack, t-shirt, hat, towel, and water bottle.

### BOARDING / NON-BOARDING TUITION

\$2,500 / \$2,050 per week



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# SHORT TERM TRAINING PROGRAM

# TOURNAMENT TRAINING

## WHO IS IT FOR

Students at any handicap (**ages 11-18**) are given the opportunity to experience our Learn, Prepare, Perform training model. Spend the first week "Learning", developing your technical game, improving your fundamentals, creating a routine and building your feel. The second week shifts focus to "Preparing", executing the routine, shot shaping, and building confidence to compete.

## WHAT WILL YOU LEARN

The practice round and two-day tournament provides the opportunity to "Perform" with the guidance of the GGGGA coaching team helping along the way. Training includes:

- Gilchrist's Learn, Prepare, Perform model at GGGGA's world-class facility near Orlando, Florida
- Full Swing including all 6 steps
- Short game including Putting, Chipping, Pitching, Lob Shots and Bunker Play
- Daily On-Course Lessons including Club Selection, Finding Yardages, Reading Greens, Recovering from a Poor Shot
- Golf-specific fitness training including stretching, posture awareness, flexibility and recovery
- "Think Like a Champion" Mental Training Program focused tournament performance

## WHAT IS INCLUDED

The weekly training with a GGGGA certified coach on the range and course including lunch. Each student receives a GGGGA golf bag, drawstring backpack, t-shirt, hat, towel, and water bottle. GGGGA has partnered with the Premier Junior Golf Tour (PJGT) to combine training and entry into the golf tournament including practice round and two day tournament.

**2 WEEK\* BOARDING / NON-BOARDING TUITION**  
**\$5,000 / \$4,175 per week**

*\*ask our program advisors about 1 week training options*



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# SHORT TERM TRAINING PROGRAM

# ELITE TOURNAMENT TRAINING

## WHO IS IT FOR

Students, **ages 11-18**, with a **less than 10 handicap** are given the opportunity to experience our Learn, Prepare, Perform training model. Spend the first week "Learning", developing your technical game, improving your fundamentals, creating a routine and building your feel. The second week shifts focus to "Preparing", executing the routine, shot shaping, and building confidence to compete.

## WHAT WILL YOU LEARN

GGGA has partnered with the Hurricane Junior Golf Tour (HJGT) and the Future Collegians World Tour (FCWT) to combine learning and performing with entry into a local Central Florida junior golf tournament including practice round and two day tournament. Training includes:

- Gilchrist's Learn, Prepare, Perform training model at GGGA's world-class facility near Orlando, Florida
- Full Swing including all 6 steps
- Short game including Putting, Chipping, Pitching, Lob Shots and Bunker Play
- Daily On-Course Lessons including Club Selection, Finding Yardages, Reading Greens, Recovering from a Poor Shot
- Golf-specific fitness training including stretching, posture awareness, flexibility and recovery
- "Think Like a Champion" Mental Training Program focused on preparing for performance at a tournament

## WHAT IS INCLUDED

The weekly training with a GGGA certified coach on the range and course including lunch. Each student receives a GGGA golf bag, drawstring backpack, t-shirt, hat, towel, and water bottle. GGGA has partnered with the Premier Junior Golf Tour (PJGT) to combine training and entry into the golf tournament including practice round and two day tournament.

## 2 WEEK BOARDING / NON-BOARDING TUITION

\$5,250 / \$4,425 per week



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# SHORT TERM TRAINING PROGRAM MULTI-WEEK TRAINING

## WHO IS IT FOR

Juniors who want to elevate their game as quickly as possible. Gary Gilchrist has developed a specialized training program to accelerate student development and achieve optimal results in the shortest amount of time. Mix and match between all of the different programs to create the plan that best meets your goals!



## WHAT WILL YOU LEARN

Coming to GGGGA for more than one week will advance your development by building muscle memory, increasing your comfort level, help you leave with a better understanding of what you learn, and confidence in your development plan.

## WHICH WEEKS DO I PICK

Any combination of 2 or more training weeks throughout the year. Weeks must be used within one calendar year of purchase and do not have to be used consecutively. (example - two weeks in December, one week in March, three weeks in summer)

## MULTI-WEEK INCENTIVE DISCOUNTS

2 - 3 weeks: 8%

4 - 5 weeks: 10%

6 - 7 weeks: 12%

8 or more weeks: 15%

*\*discounts do not apply with tournament training weeks*



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